

# MASSIVE FALL FLYER



MORE  
NEW PRODUCTS

## Future Nutrition Berry Greens 300g



- ✓ Stevia sweetened
- ✓ Non-GMO
- ✓ Full spectrum of 45 greens and red superfoods
- ✓ Gluten-free

**Our Price \$26.99**  
**Compared at \$40.00**

## Natural Factors Bioactive Quercetin 60 V-cap



- ✓ 40X better absorption
- ✓ Helps control allergy symptoms
- ✓ Antioxidant protection

**Our Price \$16.99**  
**Compared at \$27.99**

## Bulletproof Collagen Protein 454g



- ✓ From pasture raised cows
- ✓ For bone, joint and skin health
- ✓ Fast tissue repair
- ✓ Easy to mix and neutral taste

**Our Price \$51.99**  
**Compared at \$69.99**

## Sisu Curcumin 30 Softgels



- ✓ One softgel is equal to 75-100mg capsules of standard curcumin extract
- ✓ 185x greater bioavailability
- ✓ Gluten & dairy free, Non-GMO

**Our Price \$33.75**  
**Compared at \$42.99**

## Naka Vital Greens 900ml



- ✓ New family size value bottle!
- ✓ Boost of all your essential greens for energy
- ✓ Non-GMO
- ✓ Gluten-free & 100% vegetarian

**Our Price \$43.50**  
**Compared at \$59.99**

## Hanan Curcumin 95 120 Caps



- ✓ Added Capsaicin for better absorption
- ✓ Non-GMO
- ✓ Fast relief anti-inflammatory

**Our Price \$39.99**  
**Compared at \$49.99**

# natural Factors

Celebrating over 50 years of top  
quality vitamins, minerals and herbs!

**NEW!**

## Natural Factors Biotin 5000mcg 60 V-Caps



- ✓ Promotes hair growth, healthy skin and nails
- ✓ Helps metabolize carbohydrates, fats and protein

**Our Price \$7.50**  
**Compared at \$9.99**

**NEW!**

## Natural Factors St. John's Wort 300mg 90 Caps



- ✓ Helps treat sleep disorders
- ✓ Natural relief of restlessness, nervousness and depression

**Our Price \$11.75**  
**Compared at \$16.99**

**NEW!**

## Natural Factors Pycnogenol 100mg 30 Caps



- ✓ Improves circulation
- ✓ Fights free radical damage leading to premature aging

**Our Price \$23.75**  
**Compared at \$35.99**

**NEW!**

## Natural Factors Mind Retreat 60 V-caps



- ✓ Calms & relaxes the mind
- ✓ Promotes prolonged & restful sleep

**Our Price \$18.99**  
**Compared at \$26.99**

**NEW!**

## Natural Factors Critical Care Probiotic 100 Billion 30 V-caps



- ✓ 9 Strain formula
- ✓ Restores healthy intestinal flora
- ✓ Combats antibiotic-associated digestive discomfort and yeast infections

**Our Price \$37.99**  
**Compared at \$46.99**

**NEW!**

## Natural Factors WellBetX Berberine 60 V-caps



- ✓ Helps with blood sugar regulation
- ✓ Provides cardiovascular support

**Our Price \$15.75**  
**Compared at \$29.99**

**NEW!**

## Natural Factors BioPQQ 20mg 30 V-caps



- ✓ Protects cognitive health
- ✓ Enhances short-term memory and attention
- ✓ Improves energy

**Our Price \$23.75**  
**Compared at \$39.99**

**NEW!**

## Natural Factors NEM 500mg 30 V-caps



- ✓ Relief from joint discomfort in 7-10 days
- ✓ Supports type II collagen production

**Our Price \$29.25**  
**Compared at \$37.99**

**NEW!**

## Natural Factors Gastro- Assist 60 V-caps



- ✓ Relieves inflammatory conditions of the GI tract
- ✓ Prevent antibiotic-associated diarrhea

**Our Price \$26.99**  
**Compared at \$40.00**



# WHOLE EARTH & SEA™



## Horseradish 60 Tabs

New!



- ✓ All season immune support
- ✓ Respiratory relief
- ✓ Reduces the duration of the common cold

**BEST PRICE IN TOWN!**

## Super Mushroom 60 V-Caps



- ✓ Aids as an adaptogen to help the body adapt to changes in temperature and stress
- ✓ Boosts the immune system

**BEST PRICE IN TOWN!**

## Sunflower Vitamin E 90 Softgels



- ✓ Excellent antioxidant protection
- ✓ Immune Support & cardiovascular health
- ✓ Supports nerve and muscle function

**BEST PRICE IN TOWN!**

## Marine Algae- 3 30 V-softgels



- ✓ Promotes cardiovascular, cognitive and brain health
- ✓ Regulates inflammatory response
- ✓ Vegetarian source EPA & DHA

**BEST PRICE IN TOWN!**

## Bone Structure 60 Tabs



- ✓ Amazing bone building support
- ✓ Raw, whole-food bioenergetic formula
- ✓ Non-GMO, organic ingredients

**BEST PRICE IN TOWN!**

## Herring Gold 1000mg 60 Softgels



- ✓ Ultra-absorbent EPA & DHA
- ✓ Healthy skin, relieves psoriasis
- ✓ Provides the natural antioxidant astaxanthin

**BEST PRICE IN TOWN!**

## Cogni-HI-Q 60 Softgels



- ✓ Triple strength DHA for brain power
- ✓ Provides the natural antioxidant astaxanthin for good health

**BEST PRICE IN TOWN!**

## Women's Multi 60 Tabs



- ✓ Non-GMO, organic ingredients
- ✓ Designed to meet the daily needs of women
- ✓ Vegetarian / vegan format

**BEST PRICE IN TOWN!**

## Men's Multi 60 Tabs



- ✓ Non-GMO, Organic ingredients
- ✓ Designed to meet the daily needs of men
- ✓ Vegetarian / vegan format

**BEST PRICE IN TOWN!**

# HANAN ENTERPRISE



## Hanan Memories 90 Capsules



- ✓ Amazing blend for Alzheimer's and Dementia
- ✓ Improves nerve regeneration
- ✓ Improves energy

**Our Price \$39.99**  
**Compared at \$59.99**



## Hanan Multi-Nutrient 500ml



- ✓ Superior liquid absorbability
- ✓ Rich source of all your essential vitamins, minerals and phytonutrients
- ✓ Improves energy

**Our Price \$29.99**  
**Compared at \$40.00**



## Hanan Bio-Active Muscle Gainer 500ml



- ✓ Cleanest weight gainer on the market
- ✓ Great tasting vanilla flavor
- ✓ High in glutathione
- ✓ Non-GMO, no fillers

**Our Price \$45.00**  
**Compared at \$72.00**



## Hanan Blood Sugar Balance 90 Capsules



- ✓ Amazing blood glucose regulator
- ✓ Improves insulin transport into cells
- ✓ Improves energy
- ✓ Helps with sugar cravings

**Our Price \$32.00**  
**Compared at \$41.99**



## Hanan Full Spectrum Digestive Enzyme 120 Caps



- ✓ Improves digestion & absorption
- ✓ Helps relieve gas and bloating
- ✓ Helps digest fats, dairy, proteins & starches

**Our Price \$40.00**  
**Compared at \$53.99**



## Hanan Cal-Mag Combo 240 Softgels



- ✓ Best formula for bone density/osteoporosis
- ✓ Superior absorption
- ✓ Helps maintain healthy bone mass/density

**Our Price \$32.99**  
**Compared at \$46.99**



## Hanan Cardio-Edge 120 Capsules



- ✓ Cholesterol busting formula
- ✓ Designed to lower LDL "bad cholesterol" levels
- ✓ Supports cardiovascular health

**Our Price \$37.99**  
**Compared at \$56.99**



## Hanan Prostate 60 Capsules



- ✓ Proven to reduce the size of the prostate
- ✓ Reduces frequent bathroom visits along with pressure and discomfort
- ✓ Supports male health

**Our Price \$32.99**  
**Compared at \$49.99**



## Hanan Joint Flex 500ml



- ✓ Amazing Anti-Inflammatory
- ✓ Cartilage builder for sore, achy joints
- ✓ Liquid format for quick and superior absorption

**Our Price \$24.99**  
**Compared at \$36.99**





Over 25 years of Research and Development has resulted in Organika's incredible line of unique products!



Proudly Canadian owned and operated!

### Organika Activated Charcoal Powder 40g



- ✓ Pure, natural alternative for teeth whitening and face masks
- ✓ Ecologically sourced from wood
- ✓ Food grade powder

**Our Price \$10.00**

**Compared at \$16.99**

### Organika Pycnogenol 30ml



- ✓ Anti-inflammatory properties to help support collagen production
- ✓ Improves blood circulation
- ✓ Superior liquid absorbability

**Our Price \$11.75**

**Compared at \$19.99**

### Organika Vege-Pro 660g



- ✓ Revolutionary mushroom protein
- ✓ Immune boosting
- ✓ Organic and great tasting!
- ✓ Contains 6 digestive enzymes

**Our Price \$53.75**

**Compared at \$69.99**

### Organika Maca 400g



- ✓ Antioxidant for good health
- ✓ Supports sexual health and libido
- ✓ Superior gelatinized absorbability
- ✓ Increases energy

**Our Price \$32.99**

**Compared at \$41.99**

### Organika Melatonin 5mg Cherry Flavor 90 Tablets



- ✓ Sublingual tablet for superior absorption
- ✓ Helps reset sleep cycle
- ✓ Helps support healthy energy by aiding in dopamine production

**Our Price \$10.99**

**Compared at \$16.99**

### Organika Cider-Vin 120 Caps



- ✓ Great alternative for those who do not like the taste of apple cider vinegar
- ✓ Provides a healthy dose of Vitamin C.
- ✓ Helps metabolize carbs, fats & protein

**Our Price \$9.75**

**Compared at \$14.99**

### Organika Spirulina 300g



- ✓ Antioxidant for good health
- ✓ Rich in iron and provides protein for muscle repair and building antibodies
- ✓ Boosts energy and detoxifies

**Our Price \$30.75**

**Compared at \$38.99**



### Organika Cordyceps 90 V-Caps

- ✓ Amazing adaptogen which helps the body adapt to stress, and changes in temperature
- ✓ Boosts energy
- ✓ High power antioxidant

**Our Price \$15.75**

**Compared at \$19.99**

### Organika Goutrin 60 V-Caps



- ✓ Great gout support designed to reduce uric acid crystals
- ✓ Boosts energy and antioxidants in the system

**Our Price \$11.25**

**Compared at \$18.99**

# Nature's Way

# Trust the Leaf

## Nature's Way liquid coconut oil 300ml



**NEW!**

- ✓ 93% MCT superior potency
- ✓ Expeller pressed, Non-GMO
- ✓ Great for cooking!

**Our Price \$15.50**

**Compared at \$18.99**

## Nature's Way Optima 90 Billion 30 Caps



- ✓ Aids in reducing symptoms of Crohn's, Colitis, Diverticulitis and IBS
- ✓ Reduces gas & bloating

**Our Price \$38.50**

**Compared at \$46.99**

## Nature's Way Optima 100 Billion 30 Caps



- ✓ Aids in reducing abdominal bloating
- ✓ Improves digestion & absorption of nutrients
- ✓ Immune builder

**Our Price \$38.00**

**Compared at \$46.99**

## Nature's Way Women's Optima 90 Billion 30 Caps



- ✓ Aids in reducing candida and yeast
- ✓ Improves urinary & vaginal health
- ✓ Reduces reoccurring infections

**Our Price \$34.50**

**Compared at \$40.00**

## Nature's Way Slippery Elm 100 V-Caps



- ✓ Soothes irritation of the gastro-intestinal tract
- ✓ Lubricates the digestive system
- ✓ Relieves constipation

**Our Price \$9.50**

**Compared at \$13.99**

## Nature's Way Blessed Thistle 100 V-Caps



- ✓ Traditionally used to aid in digestion
- ✓ Commonly used to help increase breast milk in combination with fenugreek
- ✓ Feminine Health

**Our Price \$8.99**

**Compared at \$12.99**

## Nature's Way Fenugreek 100 V-Caps



- ✓ Traditionally used as a culinary spice and to soothe the stomach
- ✓ Commonly used to help increase breast milk in combination with blessed thistle

**Our Price \$9.00**

**Compared at \$14.99**

## Nature's Alive Gummy Multi-Vitamin Kids 90 Gummies



- ✓ Contains 26 fruits & vegetables
- ✓ Delicious cherry, grape and orange flavors
- ✓ Gluten Free

**Our Price \$16.75**

**Compared at \$24.99**

## Nature's Way Leg Veins 120 V-Caps



- ✓ Helps with circulation and vein health
- ✓ Vegetarian friendly
- ✓ Supports collagen for healthy vascular walls

**Our Price \$14.25**

**Compared at \$21.99**





*Effective Supplements Through Science*

Omega Alpha manufactures over 100 natural health products, many of which have been clinically evaluated by pharmacists and medical or naturopathic doctors and scientifically proven!

### Omega Alpha I-B Eaze 90 Caps



- ✓ Herbal medicine used to relieve digestive disturbances and irritable bowel
- ✓ Helps relieve lack of appetite, nausea, digestive spasms, dyspepsia and gas

**Our Price \$18.75**

**Compared at \$23.99**

### Omega Alpha Liquid Magnesium 500ml



- ✓ Amazing blend of magnesium relieves muscle spasms and cramps quickly as well as giving lasting results
- ✓ Helps lessen headaches and constipation

**Our Price \$19.50**

**Compared at \$27.99**

### Omega Alpha GlucosaPet 500ml



- ✓ Clinically backed to reduce joint pain and inflammation
- ✓ Healthy cartilage support
- ✓ Easy to use liquid for superior absorption

**Our Price \$22.50**

**Compared at \$29.99**

### Omega Alpha Milk Thistle 500ml



- ✓ Hi potency concentration
- ✓ Liquid format provides superior absorption
- ✓ Amazing liver detoxifier keeps your liver functioning optimally

**Our Price \$22.50**

**Compared at \$29.99**

### Omega Alpha Lung Flush 500ml



- ✓ Lung formula designed to cleanse and optimize respiratory function
- ✓ Liquid format provides superior absorption
- ✓ Reduces inflammation and opens airways

**Our Price \$19.99**

**Compared at \$27.99**

### Omega Alpha Kidney Flush 500ml



- ✓ Kidney formula designed to cleanse & optimize functionality
- ✓ Liquid format provides superior absorption
- ✓ Improves body's ability to detox naturally

**Our Price \$15.99**

**Compared at \$26.99**

### Omega Alpha Hyaluronic Acid 250ml



- ✓ Highly absorbable formula helps with joint health and bone health
- ✓ Improves hair and skin health
- ✓ Reduces brittle nails
- ✓ Anti-aging formula

**Our Price \$35.99**

**Compared at \$42.99**

### Omega Alpha AntiFlamX 500ml



- ✓ Fast acting anti-inflammatory formula
- ✓ Highly absorbable liquid format
- ✓ Supports health of both the joints, ligaments and tendons

**Our Price \$25.99**

**Compared at \$32.99**

### Omega Alpha Quercetin 90 Caps



- ✓ Great for reducing allergy symptoms
- ✓ Inhibits natural inflammatory process as well as the production and release of histamine

**Our Price \$21.75**

**Compared at \$27.99**



# Wellness Now

News from the Bell Wellness Center

## Bell Clear Skin 90 Caps



- ✓ Helps your body cleanse and purify the blood
- ✓ Combination of fish oil and top ayurvedic herbs for skin health
- ✓ Easy to take capsule

**Our Price \$29.99**

**Compared at \$37.99**

## Bell Blood Sugar Imbalance 60 Caps



- ✓ Helps support and maintain healthy blood sugar metabolism
- ✓ Pancreas support
- ✓ Increases energy levels

**Our Price \$27.99**

**Compared at \$36.99**

## Bell Shark Cartilage 100 Caps



- ✓ Helps support and maintain healthy joints and cartilage
- ✓ Pure non-irradiated shark cartilage
- ✓ Effective and responsibly sourced

**Our Price \$24.99**

**Compared at \$37.99**

## Bell Ezee Flow Tea 120G



- ✓ Helps control urinary frequency with the power of 12 combined herbs
- ✓ Easy to brew tea

**Our Price \$21.50**

**Compared at \$28.99**

## Bell Shark Liver Oil 90 Softgels



- ✓ Supports immune activity
- ✓ Supports healthy cell growth
- ✓ By-product of the food industry, not caught for this product

**Our Price \$17.99**

**Compared at \$23.99**

## Bell Blood Pressure Support 60 Caps



- ✓ Supports healthy blood pressure
- ✓ Helps support flexible, relaxed blood vessels
- ✓ Promotes proper circulation

**Our Price \$29.99**

**Compared at \$35.99**

## Bell Sound Sleep 60 Caps



- ✓ Gently induces onset of sleep
- ✓ Supports healthy regular sleep patterns
- ✓ Blissful and tranquil relaxation
- ✓ Non-habit forming

**Our Price \$27.99**

**Compared at \$36.99**

## Bell Allergy Relief 30 Caps



- ✓ Modulates the body's inflammatory response
- ✓ Safe, natural, plant derived flavonoids
- ✓ No after effects

**Our Price \$19.99**

**Compared at \$24.99**

## Bell Eroxil 30 Caps



- ✓ Helps restore male virility
- ✓ Taken daily to boost libido
- ✓ No timing or scheduling needed

**Our Price \$42.00**

**Compared at \$52.99**



# Get Healthy This Fall With *Renew Life*



## **Rapid Cleanse**

- 7 day, therapeutic strength cleansing program
- For those who wish to perform a short term cleanse
- Ideal for jumpstarting weight loss



## **First Cleanse**

- 15 day total body cleanse for the first time or "sensitive" cleanser
- Gently stimulates the body's 7 channels of elimination
- Designed to work regardless of diet or lifestyle



## **CleanseSMART**

- 30 day total body cleanse
- Works to eliminate toxic materials from the body
- Improves liver and bowel function without the use of harsh laxatives



## **Critical Omega**

- The perfect daily omega-3 supplement
- Increases brain function and maintains eye health
- Helps in the maintenance and support of good health



## **Ultra EPA**

- Strongest EPA omega-3 on the market with 1000mg of EPA per capsule
- Fights inflammation and helps arthritis and joint pain
- Lowers triglycerides



## **Super Critical Omega**

- Therapeutic-strength fish oil
- Each high potency softgel contains 1000IU of Vitamin D
- Supports heart health, lowers cholesterol, and promotes mood balance



## **FibreSMART**

- A perfect everyday fibre supplement
- Contains herbs that help soothe and heal the intestinal tract
- Available in capsules and powder



## **Organic Clear Fibre**

- Contains 9.5 grams of fibre per serving from 100% organic acacia fibre
- Mixes well and has no flavor
- Add to food or beverages to increase fibre content

**For more  
information  
visit in-store!**



**1500 Paris Street, Sudbury  
(705) 522-8891**

[www.parisnaturalfoods.com](http://www.parisnaturalfoods.com)



# FOODS PARIS NATURAL

## Organic Rice Protein 1Kg



- ✓ Sweetened with stevia
- ✓ Great flavor, easy to mix
- ✓ Provides 15g of protein per serving
- ✓ Raw, sprouted brown rice

**Our Price \$34.99**

**Compared at \$52.99**

## Milk Thistle 180 V-Caps



- ✓ Herbal extract for detoxifying the liver
- ✓ Increases liver functionality
- ✓ Capsule format for convenience
- ✓ Ideal for those who consume alcohol

**Our Price \$19.99**

**Compared at \$26.99**

## L-Tryptophan 120 V-Caps



- ✓ Helps promotes sleep and better moods
- ✓ Metabolizes into serotonin, melatonin and niacin in the body
- ✓ Easy to take capsules

**Our Price \$24.99**

**Compared at \$32.99**

## SAMe 60 V-Caps



- ✓ Helps support moods and acts as a natural anti-depressant
- ✓ Promotes healthy joint support and supports the liver

**Our Price \$39.99**

**Compared at \$48.99**

## R+ Alpha Lipoic Acid 90 Caps



- ✓ Super strength antioxidant protects the body from free radicals
- ✓ Amazing support for diabetics, neuropathy and healthy nerves

**Our Price \$19.99**

**Compared at \$27.99**

## Optimax Pro 100 90 Caps



- ✓ 100Billion probiotic count to fill all your healthy flora needs
- ✓ Shelf stable: no refrigeration required
- ✓ Aids in digestion and absorption

**Our Price \$46.99**

**Compared at \$69.99**

## MSM Powder 500g



- ✓ Great anti-inflammatory
- ✓ Improves immune function
- ✓ Helps restore healthy bodily tissue and helps with flexibility

**Our Price \$24.99**

**Compared at \$33.99**

## Pure Chaga Powder 200g



- ✓ High powered antioxidant
- ✓ Improves the immune system
- ✓ Canadian sourced wild Chaga grown on Northern Birch

**Our Price \$21.99**

**Compared at \$37.99**

## Arthro-Flex 120 V-Caps



- ✓ Builds up cartilage in the joints
- ✓ Reduces inflammation
- ✓ Increases flexibility, repairs tissue and reduces pain

**Our Price \$15.99**

**Compared at \$29.99**





# FOODS PARIS NATURAL

## Buffered Vitamin C 180 V-Caps



- ✓ PH Neutral form of vitamin C
- ✓ Boosts the immune system
- ✓ Helps absorb iron, increases energy and detoxifies the system

**Our Price \$15.99**

**Compared at \$21.99**

## Vitamin C 180 V-Caps



- ✓ Helps increase the body's immune response
- ✓ Water soluble vitamin
- ✓ Combats free radicals and neutralizes nitrates

**Our Price \$10.99**

**Compared at \$17.99**

## Super DHA 2700mg 180 Softgels



- ✓ High DHA feeds the brain with good fats
- ✓ Increases memory, concentration and focus
- ✓ Good for ADD, ADHD, concussions etc.

**Our Price \$39.99**

**Compared at \$62.99**

## African Mango 90 V-Caps



- ✓ Helps decrease food cravings and overeating
- ✓ Great for weight loss
- ✓ Diabetic friendly weight loss support
- ✓ Soluble fiber

**Our Price \$21.99**

**Compared at \$27.99**

## White Kidney Bean 90 V-Caps



- ✓ Weight loss product
- ✓ Acts as a starch blocker in the body by breaking starches down before it is converted to sugar

**Our Price \$22.99**

**Compared at \$28.99**

## Ashwagandha 90 Caps



- ✓ Amazing adaptogen reduces cortisol
- ✓ Balances the thyroid and adrenal glands
- ✓ Improves mood and lessens anxiety and stress

**Our Price \$15.99**

**Compared at \$23.99**

## Glyco-Sense 60 Caps



- ✓ Top selling blood sugar regulation and weight loss product
- ✓ Amazing for pre-diabetics and type 2 diabetes
- ✓ Reduces sugar cravings

**Our Price \$29.99**

**Compared at \$57.99**

## Organic Flaxseed Oil 180 softgels



- ✓ Omega 3 and 6
- ✓ Improves hair, skin and nail quality
- ✓ High in fiber
- ✓ Helps support digestion and heart health

**Our Price \$14.99**

**Compared at \$22.99**

## Zinc Citrate 50mg 90 V-Caps



- ✓ Great immune support
- ✓ Good male health support as it can help increase testosterone
- ✓ Essential trace mineral

**Our Price \$5.75**

**Compared at \$9.99**

# Natural CALM CANADA

## Heavenly Sleep 60 ml



- ✓ Reduces the time it takes to fall asleep
- ✓ Amazing support for jetlag and travellers
- ✓ Reduces the number of times waking up during the night

**Our Price \$12.99**  
**Compared at \$17.99**

## Magnesium Gel 237 ml



- ✓ Calms and relaxes muscle spasms and cramps
- ✓ Super absorbable magnesium chloride
- ✓ Can be used to calm headaches and constipation

**Our Price \$22.50**  
**Compared at \$29.99**

## Magnesium Chloride Spray 4oz



- ✓ Calms and relaxes muscle spasms and cramps topically
- ✓ Highly absorbable magnesium chloride in a convenient travel size spray

**Our Price \$6.99**  
**Compared at \$12.99**



## Natural Calm plus Calcium

- ✓ Calms and relaxes muscle spasms, cramps, and restless legs while giving you your calcium support
- ✓ Powder format to make an incredibly absorbable liquid
- ✓ Helps for a calm and peaceful sleep

**8 oz -Our Price \$33.25**  
**Compared at \$39.99**

**16 oz -Our Price \$57.75**  
**Compared at \$69.99**



## Kid's Formula

- ✓ Helps maintain proper muscle function

**Our Price \$19.50**  
**Compared at \$26.99**



## Great Flavors! Natural Calm Magnesium Citrate Powder

**Original**  
**Lemon**  
**Orange**  
**Cherry**  
**Raspberry-Lemon**

- ✓ Providing 205mg of elemental magnesium
- ✓ Mixes into a hot drink for a pleasant and highly absorbable liquid
- ✓ Amazing for reducing night time restless legs
- ✓ Reduces muscle tightness due to stress and anxiety

**8 oz -Our Price \$31.50**  
**Compared at \$39.99**

**16 oz -Our Price \$53.75**  
**Compared at \$69.99**

**Available in 2 sizes!**



# ULTIMATE

## Male Energy 120 Capsule



- ✓ Reduces harmful estrogens in the body
- ✓ Reduces belly fat and "man boobs"
- ✓ Increases male energy and testosterone

**Our Price \$43.50**

**Compared at \$56.99**

## Her Energy 120 Capsule



- ✓ Reduces estrogen dominance in women
- ✓ Reduces belly fat
- ✓ Increases energy levels
- ✓ Antioxidant support

**Our Price \$41.50**

**Compared at \$56.99**

## Anti-Stress 120 Capsule



- ✓ Reduces stress and anxiety
- ✓ Reduces adrenal fatigue
- ✓ Amazing at reducing cortisol levels
- ✓ Improves mood

**Our Price \$24.50**

**Compared at \$32.99**

## Thyroid Support 90 V-Caps



- ✓ Balances out hypothyroid symptoms
- ✓ Increases circulation
- ✓ Improves dry skin and reduces brittle hair and nails

**Our Price \$27.50**

**Compared at \$36.99**

## Bladder Control 60 V-Caps



- ✓ Reduces urinary frequency
- ✓ Helps with urination incontinence
- ✓ Helps control and strengthen bladder muscles

**Our Price \$20.75**

**Compared at \$26.99**

## Libido 90 Caps



- ✓ Enhances male libido
- ✓ Increases testosterone
- ✓ Helps maintain muscle tone in men and increases energy

**Our Price \$38.25**

**Compared at \$45.99**

## Maca Energy 180 V-Caps



- ✓ Increases energy
- ✓ Sun-dried and Non-GMO
- ✓ Reduces stress
- ✓ Increases stamina
- ✓ Slows biological aging

**Our Price \$29.75**

**Compared at \$37.99**

## Migraine Relief 30 V-Caps



- ✓ Reduces the frequency and duration of migraines
- ✓ Controls sensitivity to pain
- ✓ Regulates blood vessel inflammation

**Our Price \$15.50**

**Compared at \$26.99**

## Sleep 60 V-Caps



- ✓ Improves the quality of sleep
- ✓ Promotes relaxation
- ✓ Enhances mood
- ✓ Anti-anxiety calming

**Our Price \$16.50**

**Compared at \$24.99**



Empowering Extraordinary Health®



### Once Daily Ultra 90 Billion 30 V-Caps (Dairy Free)



- ✓ Immune support
- ✓ These strains support the colon for those who have Crohn's, Colitis, Diverticulitis and IBS

**Our Price \$37.99**  
**Compared at \$59.95**

### Once Daily 30 Billion 30 V-Caps (Dairy Free)



- ✓ Daily support
- ✓ 14 strains gastrointestinal health
- ✓ Gluten free, soy free and dairy free.

**Our Price \$25.50**  
**Compared at \$39.95**

### Mood+ 50 Billion 30 V-Caps (Dairy Free)



- ✓ Helps manage chronic stress
- ✓ 16 strains
- ✓ Gluten free, soy free and dairy free.
- ✓ Antioxidant support

**Our Price \$31.75**  
**Compared at \$49.95**

### Organic Digest+ Chewable 90 Chewable (Dairy Free)



- ✓ Tropical fruit flavor chewable tablets
- ✓ Digestive enzymes derived from 29 organic fruits and veggies
- ✓ Gluten & soy free

**Our Price \$25.50**  
**Compared at \$39.95**

### Raw Fit Protein Shake Original 396g



- ✓ Sprouted protein 28g
- ✓ Low glycemic with only 1g sugar
- ✓ Organic raw green coffee bean and ashwagandha

**Our Price \$44.75**  
**Compared at \$55.99**

### Wild Rose Herbal D-Tox 12-Day Program



- ✓ Easy to use
- ✓ Detoxifies the liver, kidneys, colon and lymphatic system

**Our Price \$37.99**  
**Compared at \$49.99**

### Bile Salts 90 Tablets



- ✓ Essential support for those with their gall bladder removed or sluggish gall bladder
- ✓ Aids in digestion of fats, protein & dairy
- ✓ Helps absorb fat soluble vitamins

**Our Price \$9.25**  
**Compared at \$14.99**

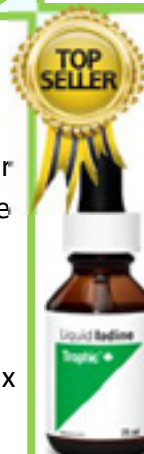
### Magnesium Bisglycinate 180 V-Caps



- ✓ Amazing support for restless legs, muscle spasms and cramps
- ✓ Chelated for faster absorption
- ✓ Helps calm and relax anxiety

**Our Price \$22.00**  
**Compared at \$27.99**

### Liquid Iodine 25ml



- ✓ Amazing support for increasing hypothyroidism
- ✓ Liquid format for fast absorption
- ✓ Prevents iodine deficiency

**Our Price \$6.75**  
**Compared at \$8.99**



## Deep Immune 50ml



- ✓ Combination of traditional Chinese herbs to boost the immune system
- ✓ Decreases the duration of colds & flu
- ✓ Adaptogen for change of seasons

**Our Price \$18.50**

**Compared at \$23.99**

## Deep Immune Kids 50ml



- ✓ Kid friendly immune support
- ✓ Liquid format for fast absorption
- ✓ Helps the immune system adapt to temperature changes and changes in stress

**Our Price \$14.99**

**Compared at \$20.99**

## Astragalus 50ml



- ✓ Number one traditional Chinese herb to boost the immune system
- ✓ Adaptogen for reducing stress on the body during change of seasons

**Our Price \$15.75**

**Compared at \$23.99**

## STOP IT COLD 30ml



- ✓ Convenient spray format for sore throats
- ✓ Decreases the duration of sore throat and chest congestions
- ✓ Helps boost the immune system

**Our Price \$14.99**

**Compared at \$21.99**

## Oreganum Plus 1:1 15ml



- ✓ One of nature's most powerful anti-bacterial, anti-viral and anti-parasitic
- ✓ Kills off bacteria
- ✓ Fights off invaders in the body

**Our Price \$17.50**

**Compared at \$23.99**

## RespiraCleanse 50ml



- ✓ Reduces the symptoms of dry and wet coughs
- ✓ Great upper respiratory support
- ✓ Breaks up mucous in the throat and chest
- ✓ Combination tincture

**Our Price \$17.25**

**Compared at \$28.99**

## EchinaSera 50ml



- ✓ Combination of traditional Chinese herbs to boost the immune system for children
- ✓ Powered by Echinacea
- ✓ For common colds and respiratory infections

**Our Price \$16.50**

**Compared at \$25.99**

## Respirafect 50ml



- ✓ Helps fight against lung infections
- ✓ Decreases the duration of common colds & flu
- ✓ Increases the body's immune response

**Our Price \$16.25**

**Compared at \$26.99**

## Deep Immune Allergy 50ml



- ✓ Combination of traditional Chinese herbs and top homeopathic remedies
- ✓ Reduces itchy watery eyes and runny noses associated with allergies

**Our Price \$15.75**

**Compared at \$21.99**

**Naka**  
original

# Experience the Difference



"Since taking **Nutri-Flex**, I've experienced full pain relief in my hands and about 60% - 70% relief of back pain. I can now wood carve again!"

► Joe H. - T. Lake, ON



**Nutri-Flex SUPREME** is an advanced joint care formula that features the supreme effectiveness of powerful herbal ingredients for inflammation and pain relief in a great raspberry flavoured liquid suspension.

With the development of **Nutri-Flex SUPREME** Naka has taken the evolution of arthritis and joint pain relief to new heights. Make the supreme choice today to help you enjoy a pain-free life!



## The **Liquid** Advantage

- Liquids are more quickly and easily absorbed vs. capsules, tablets and softgels. With liquids, partial digestion occurs in the capillaries of your mouth as capsule disintegration is not required.
- Liquids are fully dissolved upon ingestion - allowing for absorption of key nutrients along the entire gastrointestinal tract.
- Liquids are a welcome alternative for people who have trouble swallowing solid pills, particularly children and seniors.
- Due to enhanced absorption efficiency, lower dosage may be possible.
- Liquid formats contain no fillers, binders or coatings that may interfere with optimal dissolution.



Naka  
original

# Energize Detoxify Revitalize



"Vital GREENS was promoted to me when I was co-organizing a Triathlon. Since then, I've been taking Vital GREENS in the morning and I have a lot more energy than I used to. I won't go without this product any day!"

► Genevieve L. – Triathlon co-organizer



"I recently had a sample of Vital GREENS and it was AMAZING!! I am a world ranked powerlifter and Vital GREENS has completely surpassed my expectations by increasing my energy and focus. Vital GREENS is the best on the market!"

► Barry A. – Powerlifter

Maximize your sport and work performance with **Vital GREENS** liquid.

- Ginseng to help energize
- Chlorophyll to detoxify and deodorize
- Nutrients and botanicals help with digestion
- Superfood Complex to aid pH balance and help stop cravings

No mixing of  
goopy powders!

Superior liquid  
bioavailability

Gluten FREE

\$14.99



\$28.50



\$43.50





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original

Original  
**silicea**  
is the only silica product

**PURE  
ENOUGH**

to be utilized both...

*Beautiful healthy hair, smoother  
skin, stronger nails & much more!*

Original Silicea gel is

100% Pure  
Preservative Free

Additive Free  
Excipient Free



Accept NO artificial imitations - insist on the  
**100% PURE World Famous Original!**

Let your **Natural**  
beauty blossom

**\$27.75**



**\$37.50**



**Milk  
Thistle**

Detoxify & Revitalize  
your liver with liquid

Detoxify your liver  
Improve mood  
Cholesterol support  
Chronic fatigue support



Also featuring the benefits of  
**Sea Buckthorn Berry**

Lead  
the pack with  
**IronVITAL F**

- Non-constipating
- No preservatives
- Vegetarian formula
- Alcohol, yeast and gluten free

IronVital F has a pleasant fruit  
taste and is the superior liquid  
choice if you need more daily  
iron especially as follows...

- During pregnancy
- When breastfeeding
- Women with heavier bleeding during menstruation
- Young people in a growth phase
- During regular intense exercise

**\$27.75**







For improved patient compliance & full therapeutic dosage

*Strong* enough to be *Gentle*

\$23.00

BOVINE

\$37.50

\$38.50

MARINE

\$19.99



- Ease joint pain & inflammation
- Helps support bone density
- Supports healthy skin, hair & nails

Are you at

**RISK**

for Magnesium Deficiency?

\$13.50

**GOUT RELIEF**

- Helps gout sufferer
- Helps heel spur sufferer

- Superior absorption
- Helps to maintain proper muscle function + prevent cramps
- Helps in the development and maintenance of bones and teeth
- Ideal for people with sensitive intestines

\$19.50

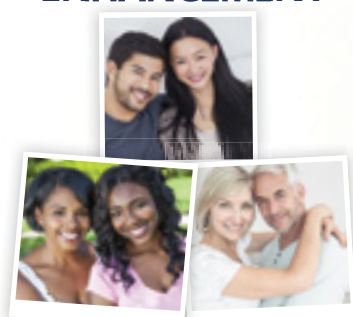


\$30.00



\$32.99

*Natural Beauty*  
**ENHANCEMENT**



**Peptan®-Delivering proven anti-aging benefits**

Weakening and low production of Collagen fibers leads to the onset of wrinkles.



An optimal production of Collagen fibers is essential for young and healthy skin.

- Supports healthy hair, skin & nails
- Supports collagen formation

**Green Medicine for Menopause**

\$25.25

- Helps to relieve hot flashes, night sweats and the symptoms of menopause
- Aid to ease nervous tension
- Features the herbal benefits of Black Cohosh, Sage, Gamma-Oryzanol, Chaste Tree, Maca & Schizandra
- Acts as a hormone normaliser to help stabilize menstrual cycle irregularities



nakaherbs.com



nakapro.com





# The Spark of Life



## IS YOUR DIGESTIVE SYSTEM CRYING OUT FOR HELP?

- 250 mg of L-Glutamine to remedy leaky gut
- 45 billion CFU input during production, 16 billion CFUs guaranteed at expiry date
- Balanced strains & potency for everyday use
- Support immune system
- Aids in weight management

- Improves short & long term memory
- Improves working memory
- Eases the response to stressful events
- Supports mental clarity, attention capacity & cognitive function during aging
- Alleviate stress due to anxiety



## STRONGER THAN STEEL

- Contains collagen to help make bones stronger & more flexible to reduce the risk of breakage
- Features Calcium, Magnesium, Vitamin D, Zinc, Silicon & Boron
- Helps in the development & maintenance of bones and teeth
- Helps in tissue & connective tissue formation & muscle function

## TAKE CONTROL OF YOUR DIGESTIVE HEALTH

FEATURING  
Delayed Release PANCREATIN

- Digestive aid to help decrease bloating after high caloric, high fat meals
- Digestive enzyme, helps in the digestive process
- Source of Probiotics
- Helps support intestinal/gastrointestinal health



## Advanced inflammation relief Naturally

- An anti-inflammatory to reduce pain
- A natural pain control substance plus an excellent alternative to NSAIDS
- Helps to dissolve any dead or non-living tissue

## Feel stronger, live longer

- Supports cardiovascular health
- Supports detoxification of the kidneys, liver and intestines
- Antioxidant protection and Immune system fortification
- Helps to maintain proper muscle function



For improved patient compliance & full therapeutic dosage



The information is intended strictly for research and educational purposes, not as a diagnostic tool or a prescription for any ailment.

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